



PSYCHIC RESEARCH NEWSLETTER

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VOL. 2 NO.1 JANUARY-FEBRUARY, 1985

MAN, THE HUMAN CRYSTAL

A physical body is, and has, its essential form in the bony structure. An energy analog exists around the body maintaining the balance and total functioning of the physical form.

This energy field exists as a systematic array of oscillating points of energy which have a layered structure and a definite symmetry. These statements all embody a definition of a normal crystal in material form. The patterning and positioning of these energy points called nadises result from breath and its control. Also, the patterning of thought into these structures and, above all, the thinking of oneself in holistic form. (as a spiritual, mental, emotional and physical being)

The original work delineating these types of structures was done by the team of George and Marjorie De La Warr, using a rubbing plate to delineate these patterns in space. A further extension of this work was a thought photography camera developed by George De La Warr.

Result, the author captured, on photographic film, an image of these nadises. This shows in photographic form some of nadises in relation to the positioning of the body of an individual. These fields surrounding the body are very sensitive to weak magnetic fields, a half gauss to 100 gauss. These fields can be expanded and contracted by the north and south pole of a bar magnet held in opposition to the body. These fields are drawn in with breath and released with the outgoing breath.

The detection of the primary field which surrounds the body of an individual is shown by means of right angle dowsing rods which have been cleared with intent, and the program for detecting these primary fields implanted at the tip of the rods. (Rods are coat hangers bent at 90 degrees) Walking forward slowly, you encounter a point in space where the rods are deflected. This indicates the outer periphery of the field. Standing with the rods extended, have the person you are measuring slowly draw in their breath and hold. As they do this the rods will collapse to their normal position forward and as they let their breath out the rods will expand to the normal extension.

their breath out the rods will expand to the normal extension. Ask the person to think of an emotionally defficult situation. You will find that when you ask them to breathe, the field no longer has motion. In fact you will observe that the field starts to collapse as the mind involves itself with the mental problem. When the person has cleared themselves by sending a thought of love and releasing it with breath a normal energetic relationship is again observed. If we become attached to a thought process which has a high emotional content that pattern of thought will be locked into this energetic pattern which surrounds us and the physical body will manifest itself in a distortion of the form. i.e. a slumping of the sholder, a shortening of the leg, a twisting of body, a pulling of the muscles of the eye or mouth. If continued for an extended period of time these will become chronic and locked into the body form.

One of the principals of healing with a four sided, double terminated, healing crystal is to break up these patterns with breath and the energy supplied through the crystal to that normal crystalagraphic pattern and structure. It is reassumed and locked into place with the intention of the party being given the treatment to continue to exist in this current state of health and wlll being. A severe blow, a sudden shock or sound will cause a displacement of this subtle body causing a loss of body control resulting in collapse and at times loss of consciousness. A knowledge of this information makes it possible to rapidly assist an individuals return to consciousness. Place your free hand on the solar plexis and the crystal hand on the heart chakra. Now release your breath while focusing on the body. Create an imimage of drawing the etheric field back into the body and then slowly breathe your breath into your body. Hold that breath for four to five seconds, then suddenly pull your hands away. Done properly an unconscious person will come back to active consciousness.

In the case of strokes or .excessive pressure from a tumor this will not be successful. It requires a greater degree and extention of therapy which is not covered here.

We repeat now that man is, he exists, both in and out of his body. In successfully maintaining this level of exsistance, knowledge and love are necessary. This information is the primary object of the teaching that we are giving at this time.

2. EDITORS BOX

Psychic Research Incorporated Newsletter Vol.2 No.1

This is the January-February 1985 Issue.

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Edited by Dick Ball, and Marcel Vogel

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P.R.I. is a non-profit corporation using scientific research and education to aid mankind.

SEATTLE LECTURES

By concentrated effort, the staff of P.R.I. put together a 158 page workbook. The information covered is from various lectures and other sources that provides an introduction to the type of data that will be published by P.R.I. in the years to come. Those who were not in Seattle may now purchase the workbook for \$15.00. Take advantage of this opportunity to secure a compendium of information.

The first two days of the lectures were given in a Bingo Parlor, run by Meldey Stiley. It was a unique and unfolding experience. The audience was mixed in discipline and needs as to what must be presented to them over these two days. The lectures were video taped and as soon they are edited, will be available for purchase. The subjects that we covered were: "A Description of the Subtle Bodies, their Observation and Measurement". "The Power of Thought in Influencing the Subtle and Physical Body." "The Technique and Release of Unwanted Thought Forms and Locked Stress in the Subtle Bodies." Demonstrations were given of these statements and an important understanding of the role of negative thought forms were shown. The lesson that was learned by the speaker was the importance of the audience putting aside what they felt they knew about the subject and become willing to experience what was being presented on a one to one basis. A good student must be focused, open, loving and reserve critical judgement until the entire lecture has been presented. Even though severe challenge is given to what is being discussed, of prime importance may be the teaching of how to open your mind and consciousness. This ability to transcend "logic" and accepted senses must be learned. Good new information should push our credibility.

The next set of lectures were given in Everett, Washington at the Unity Church. The atmosphere and need of the audience was entirely different and the content of the material accordingly had to be changed. It was good that with the workbook material, I could refer to the written subject matter and then go beyond in the teaching. The major lesson that was taught to me in the healing demonstrations was the tremendous struggle that people will go through in not acknowledging a treatment even though there was a radical change in their physical body. They can be healed of its suffering and the ego will hang on to that activity of the body and refuse to let the body be whole.

A TEAM OF CRYSTAL HEALING INSTRUCTORS ARE NOW AVAILABLE FOR SEMINARS

We have developed a group of presenters that will help you gain greater understanding in the use of the healing crystal. At this time we have three excellent presenters to aid Marcel Vogel in his efforts to get the good news out. For further information contact us at P.R.I.

PROFILES

John Jolliff Adams, M.D. is a Transformational Healer. He has recently founded a clinic in Whittier, California. His work blends a desire to "do no harm", with the spiritual understanding of Christ as a healer. The quest for scientific/spiritual healing led to Marcel Vogels lectures for doctors, that have been ongoing for some time. He believes in preventive medicine, nutrition, and in being a balanced person. The spiritual, mental, emotional and physical well being of his patients are always considered. Adams has been seeking insights into prevention since his medical school days at the University of Alabama. His Post Docorate was at the Neuropsychological Laboratory, University of Nevada. At the University of Iowa, his internship stressed Psychiatry and Neurology. He practiced and researched in Northern California until 1982.

Orthopedic medicine provided interesting insights into how we might be able to help people to heal themselves. These were methods that could do no harm to the patient. He became a member of: The American Holistic Medical Association, The Academy of Orthomolecular Psychiatry, The California Society for Treatment of Alcoholism and Drug Dependency, and The Psionic Medical Society. Doctor Adams feels that these new Transformational Healing techniques aid those who are addictive to release their problems and heal the damage these substances have left on the body. He has been successful in working on bone and tissue to alter physical damage to the body.

John Adams will tell you there is so much to understand in doing this work, and Transformational Healing can be astonishingly successful. Doctor Adams is currently chairing the meetings of the American Holistic Medical Association in Los Angeles and Orange Counties.

PSYCHOLOGICAL RESEARCH ON WEARING QUARTZ CRYSTAL

Dr. Rozanne Bazinet is a recent graduate of International College where she obtained her PhD in Clinical Psychology. Her dissertation entitled, "The Effects of Wearing a Quartz Crystal on Measures of Stress Tolerance in Individuals" was the first PhD research in this field. In her own words, "I found this to be a profound learning experience. In working with individuals and crystals over the years, I experienced and observed the depths of inner growth, as well as the other stages of experimentation. The crystal is a very powerful tool to transform consciousness when used by a trained person." Dr. Bazinet is completing her clinical internship under the supervision of Dr. Ronald L. Mann and Dr. Sohan Sharma. Those who are interested, call or write Dr. Bazinet: P.O. Box 1545, Nevada City, CA 95959 916/265-5133

THE INTERNATIONAL COLLEGE OF SPIRITUAL & PSYCHIC SCIENCES

The Rev. John Rossner and Marilyn Zwiag Rossner inspected the P.R.I. facilities. They spent most of the morning visiting with Marcel Vogel and sharing information about their college. Marilyn is a small lady with grand gestures, who has used her personality, meditation, yoga and intuition to aid exceptional children. John is the academic type, who enjoys struggling with diverse areas of thought. That interest has helped to form the college, and The International Institute of Integral Human Sciences.

It is the time as they point out for the Spiritual Sciences, Social Sciences and Physical Sciences to close ranks as one whole, not enemies. Their College grants degrees in Spiritual and Psychic Sciences. The mailing address is: College Programs Div. (S.S.F.)
1974 de Maisonneuve West
Montreal, Quebec H3H1k5 Canada

INTERESTING NEW PLANETARY PEACE PROJECT

Dr. Ron Mann has founded and is the executive director of Projects for Planetary Peace. His work has expanded from the individual level to a global concept "Inner Peace: Planetary Peace". This will explore the evolutionary process of awakening consciousness, our tolerance and capacity for peace and love with other peoples. The most interesting practical aspect is a format where committed peoples will be able to dialog in a joint professional/cultural exchange in Moscow & Leningrad in May 1985. A two hour live media link-up of the International Peace Congress in Moscow and a 30 minute documentary film will be produced. We know the people of the Soviet, just as the people of North America, do not want war. It will be interesting to see if this intercourse is free of the constraints of government, so that the individuals will be able to accomplish a permanent free exchange. For those who are interested in this effort or his two day workshops, contact Dr. Mann,
Inner Peace: Planetary Peace, 419 Spring St., Suite "C",
Nevada City, CA 95959 Tel. 916/265-6094

SOMETHING NEW FOR CRYSTAL USERS

There is a new publication for increased understanding of quartz crystals. It is \$10.00 per year for the four editions. Our friends Carol and Warren Klausner have developed this new quarterly newsletter called "Crystal News". Their address is Crystal Consciousness, P.O. Box 33537, San Diego, CA 92103. Volume 1 was the Summer of 1984, we are looking forward to the winter issue.

EXPERIMENT #9 - BREATH

The act of breathing is akin to the heat cycle of an internal combustion engine. The cycle is spoken of as a Carnot cycle, and consists of the following four steps, in, hold, out, hold.

Inhalation of breath is the building of not only an oxygenation of the blood stream, but the charging with a field or force of the subtle body of man. This was described in the previous section, "Man, the Human Crystal". One can breathe in a two stage cycle in and out, or a four stage cycle, in, hold, out, hold. In the two stage cycle, you operate automatically. In the four stage cycle, you are deliberately acting on the pumping mechanism. To do a complete charging of your body, you should do this in an incremental of seven steps. This is in accordance with the seven fundamental chakras which are basic energy areas working with the body of an individual. One then holds the breath for a minimum count of three, to allow the charge to come to equilibrium and then slowly release the charge without drawing breath. The same seven cycle oscillation. The pulse of a metronome, or the ticking of a clock are all useful adjuncts to help in this systematic regular control of the indwelling and out going breath. When the body is charged one need not continue this type and form of breathing. This usually takes three to four minutes. A series of exercises on breath, and exercise control are given in a P.R.I. notebook. \$15.00. for the revised edition.

Another practical and easy experiment is to suspend a styrofoam cup on a string from a base of the cup. Touch the cup to transfer a charge and hold your hand on either side of the cup with the fingers parallel to the cup. Focus your eyes on the cup and start the deep rhythmic breathing, in and out, and watch the movement of the cup. Properly done the cup will oscillate, back and forth. As you quiet your mind, the two and fro oscillation will become a circle of movement. As one becomes proficient, one can move the cup at will... back and forth in circle, to and fro. The absorption and release of the charge through breath is the fundamental basis of telekinetic ability. That is the bending of spoons, the moving of objects at a distance, and telepathic communication. Many books have been written on this subject one of the best is, "Rule Four, A Treatise on White Magic" by Alice Bailey.

When the physical body has been stressed and one feels fatigued, a deep breath, held for a number of seconds, and suddenly expelled through the nostrils will usually strip the unwanted charges from the body and bring the body to a state of balance and well being.

EXPERIMENT #10 - THE USE OF CRYSTALS AS A MEMORY STORAGE DEVICE

It has been said that a crystal will store the energy or patterns of thought.

This can be shown in the laboratory by, first demagnetizing of a crystal with a bulk demagnetizer. (type used for tape recording) Then hold the crystal in your hand, focusing a particular thought form on to the crystal, and release with an outgoing breath. Place this crystal in a radionic instrument. You can observe the change in vibration that took place in the crystal. This numeric value of vibration can be transferred to water in a special device we have developed in this laboratory. The information in the crystal is readily erased with a bulk demagnetizer and additional information can then be fed into the crystal. We are doing these experiments on a routine basis in our laboratory at this time. The experiment now that is proposed to each one of you, is to validate these statements for yourself by doing now doing the following experiments.

Get a pair of natural quartz crystals, single terminated, about 2 1/2" to 3", and 3/4" in diameter. Bulk erase both crystals and put them on a sheet of white paper with no writing on it. Now take a notebook and a technical book of unfamiliar information. Read one page of the information, close the book, take a deep breath and ask the question, "What did I learn from this page?" Write the information in your notebook, using only a single sheet. Now open the book again at random and hold one of the crystals in your non-writing hand. Read that page, close the book, and ask the same question. Now write as you did before on a new single page. Put this crystal down, pick up the second crystal. (be sure that you can identify crystal A from crystal B) Take a deep breath, close your eyes, and project yourself into the crystal. Now release the thought of increased retention of the subject matter, increased comprehension, and improved ability to put this data into form. Open the book at random, read a page with this charged crystal in hand. Close the book, ask the same question and transcribe your information on to the third page.

Leave the crystals where they are, let 24 hours go by, and write as much of the information as you can remember on the first page you read without the use of the crystal. Follow this by picking up the first crystal, ask what have I learned on the subject matter read with this crystal and transcribe it on the fourth page. Exchange crystals and repeat this phase, question and transcribe what comes through. Allow two weeks to go by and repeat the experiment.

The next step is to read an entire chapter of a book with and without a programmed crystal and check the difference of retention and comprehension of the subject matter, using the same techniques. When this is done see for yourself how much was comprehended and retained. Those of you that have the meditation crystal can now compare the difference between the natural crystal uncut and the meditation crystal cut for the body form. Use the meditation crystal charged with the the thought of increased retention, comprehension and ability to put this data into form.

My intention with all of these experiments is to assist you to make a logical decision about statements that may sound impossible. Have fun doing this and explore the means of opening your inner faculties.

LABORATORY EXPERIMENT RESULTS

In the laboratory with the research group at U.C. Davis were Doctors Lascow, McGinity, Smith, and Marcel Vogel. The research work encompasses a systematic study with Dr. Laskow using the crystal to release Sublimase essence into the subtle body of an individual. This is not a physical injection. Dr. McGinity applied a standardized pain stimulus to the subjects body. The subject was wired up for EEG, blood plathismograph, and GSR. The results of the tests showed that when Sublimase was released with intention, the body reacted without pain. When the body was returned to normal with Narcam, it responded to the stimulus with a pain signal. The data was fed into a separate report available from P.R.I.

"The Energy, and Fields Created by the Body and Mind of the Individual into Using a Crystal."

We studied the four, six and eight sided healing crystals as well as a six sided meditation crystal. The results of this effort will be reported in the next newsletter. We employed a sensitive, Sharron Jacobson, to study the auric field that emanated from the individual. This was recorded on audio and video tapes. The entire session was done at the same time. This work is ongoing and is geared to a systematic understanding of the forces with which we are dealing.

Dr. Leonard Laskow, M.D. is giving a seminar in Southern California on Transformational Healing Techniques. This is on Saturday, February twenty third, 1985. It will be presented at the Gateway Community in San Diego, California. For information contact Judith Larkin, 7619 Romeria St., Carlsbad, CA 92008 [Tel.# 619/944-9127] Note: This is an intermediate workshop that asumes some familiarity with the use of crystals for healing.

QUESTIONS

1. Q. How are these crystals made?

A. These are quartz crystal, selected for quality, and cut on a diamond saw to the very exacting specifications required to perform the task they were designed to accomplish. Natural quartz crystal is six sided, so the basic four sided healing crystal is reformed and doubly terminate to exact dimensions. The terminations each have a different formula. The meditation crystal has only one termination. The six sided healing crystal still needs reforming to have the faces identical and the eight sided of course is reformed. These crystals are polished and cleared of any energy not conducive to their purpose.

2. Q. Why are they cut in the dimensions they are?

A. The healing crystal is cut and designed to match the vibrational frequency of the water molecule. This frequency is determined by radionic means and by means of spectro-photometry of the charge transferred to water itself. When a crystal is cut and designed as we have made them, the operator can fit the patterns of vibrations into the crystal and transfer them at will to the body of the patient. The crystal is readily cleared by means of a demagnetizing field from a bulk demagnetizer and/or the pulse of one's breath with the intention of releasing the unwanted fields from the crystal. Just as one takes a raw crystal of ruby and forms it by deliberate manipulation into a device which, when light is pumped into it, causes this light to become coherent and develop tremendous power to cut metal or drill holes into diamonds. (Laser) We form these crystals to cohere the energy that a human body generates and direct this radiation into the body of the patient.

3. Q. How do you tune them?

A. A crystal is tuned by first clearing with a demagnetizer or breath. Place it in your hand and roll either clockwise or counter clockwise for a short period of time. (thirty to sixty seconds) Then inhale a deep breath with the mind focused on the crystal, with the intention of becoming one with the crystal. Now, draw your breath in and look at the crystal, then release the breath through the nostrils in a sudden manner. The crystal is now charged and you will normally feel a pulsation or vibration in the crystal.

BOOK REVIEWS

PRECIOUS STONES [In Two Volumes], by Max Bauer, Dover Publications Inc.
N.Y., NY

In these two volumes, one has an excellent compendium of information on all gem stones, and especially their location and utilization in crafted articles which we wear or use. These two volumes are a wonderful companion to the volume by George Kunz. "THE CURIOUS LORE OF PRECIOUS STONES."

THE OCCULT AND CURATIVE POWERS OF PRECIOUS STONES, by Wm. T. Fernie, MD
Rudolf Steiner Publications, Blauvelt, NY 10913

This is an old book written by a medical doctor on the curative properties of stones. As one reads this book, one is overwhelmed with the core of experimental knowledge which the previous generations have accumulated in their working with, and study of, precious stones. On page 330, the author states about lapis lazuli, "it is worn about the neck for an amulet to drive away fright from children. It strengthens the sight, prevents fainting and abortion." These stones were ground up and taken internally. This is not recommended at this time. Also discussed are the effects of various noble metals on the human body, such as gold, silver, copper, lead, and tin. A good book for your library.

THE CRYSTAL BOOK, by Dael (Dale Walker) Published by The Crystal Co.,
P.O. Box 348 Sunol, CA 94586

This book deals with many methods of utilization of crystals for balancing and stimulating the subtle bodies of an individual. It gives many exercises that a person can do to help themselves to become more open and balanced. This is not a technical or scientific book. It is, however, a book that will stimulate the mind of the reader to try things out on themselves. It is not necessary to cleanse jewelry and stones with sea salt; in fact the use of salt will contaminate a stone, and when warmed or slightly heated, will cause a stone to cleave or crack. To clear a crystal, wash it in detergent and water. Then pass the crystal through a bulk demagnetizer. This is an interesting book for an individual to explore the fascinating world of crystal technology.

[Each issue I will be reviewing new additions to the P.R.I. library and commenting on their significance to the studies undertaken in the labs. I am not going to confine myself to strict scientific information. As you can see from the above, I will branch out into all sources that be of value in gaining a clear understanding of the subtle energies are investigating. Generally, these are higher human faculties.

LECTURE SCHEDULE

DR. LEONARD LASKOW, M.D. LECTURE IN SAN DIEGO

FEBRUARY 23 SAN DIEGO, CA "Intermediate Workshop in
Transformational Healing"
Contact - Judith Larkin 619/944-9127

MARCEL VOGEL TEACHING SCHEDULE FOR 1985

APRIL 17-20 LUBBOCK, TEXAS "Transformational Healing, The Release of
Energetic Imbalances with the use of
Crystal Therapy."
Contact Fay - Stricherz 806/793-3766
[National American Holistic Assn.]

MAY 9-10 LEICHESTER, NC Contact-Sufi Healing Order Rt.#2, Box 166
Sandy Mush Creek Rd., Leichester, NC
Work #704/683-4691 or Home #704/683-9068

MAY 31-JUNE 2 JOY LAKE, NV "Introduction to the Joy of Living"
(Friday evening, Saturday & Sunday)

JUNE 2-7 JOY LAKE, NV "Joy of Living" (Sunday evening, Monday
thru Thursday and Friday evening)
Contact - Alan Morvay, P.O. Box 1328,
Reno, NV 702/323-0378

AUGUST 15-18 THORNTON, CO "The Measurement of Life Energy Forces"
Contact - Dean Stonier, 3273 E. 119th Pl.
Thornton, CO 80233 303/452-9300

AUG.30-SEPT.1 JOY LAKE, NV "An Introduction to Crystals" (Friday
evening, Saturday & Sunday)

SEPTEMBER 1-6 JOY LAKE, NV "Therapeutic use of Crystals and Crystal
Devices" (Sunday evening -Friday morning)
Contact - Alan Morvay, P.O. Box 1328,
Reno, NV 702/323-0378

OCTOBER 11-13 JOY LAKE, NV "Thought Photography Symposium" (Friday
evening, Saturday & Sunday)

OCTOBER 13-18 JOY LAKE, NV "Thought Form Building & Thought
Photography" (Sunday evening-Friday
orning)
Contact - Alan Morvay, P.O. Box 1328,
Reno, NV 702/323-0378

SEPTEMBER 21-28 A CRUISE